

Meal	Monday 1/9/2006	Tuesday 1/10/2006	Wednesday 1/11/2006	Thursday 1/12/2006	Friday 1/13/2006	Saturday 1/14/2006	Sunday 1/15/2006
Breakfast						Brunch 11:00am - 2 PM	Brunch 11:00am - 2 PM
Origins	Oatmeal French Toast Scrambled Eggs Bacon Turkey Links Hashbrown Potatoes	Cream of Wheat Pancakes Scrambled Eggs Boiled Eggs Turkey Bacon Pork Patty Hashbrown Potatoes	Grits French Toast Scrambled Eggs Bacon Turkey Links Hashbrown Potatoes	Oatmeal Pancakes Scrambled Eggs Boiled Eggs Turkey Bacon Pork Patty Hashbrown Potatoes	Cream of Wheat French Toast Scrambled Eggs Bacon Turkey Links Hashbrown Potatoes	Grits Pancakes Scrambled Eggs Boiled Eggs Bacon Turkey Links Hashbrown Potatoes	Oatmeal French Toast Scrambled Eggs Bacon Turkey Links Hashbrown Potatoes
Morning							
Additions	Waffle Bar	Waffle Bar	Waffle Bar	Waffle Bar	Waffle Bar	Waffle Bar	Waffle Bar
Omelet Bar	Create Your Own	Create Your Own	Create Your Own	Create Your Own	Create Your Own	Create Your Own	Create Your Own
	Fried Eggs	Fried Eggs	Fried Eggs	Fried Eggs	Fried Eggs	Fried Eggs	Fried Eggs
Lunch							
Daily	Chicken Noodle	Broccoli & Cheese	Potato	Vegetable	New England Clam	Chicken Noodle	Minestrone
Soup Selections							
Menutainment	Oriental Stir-Fry w/Rice Oriental Sauce	Sizzling Chicken Caesar Salad	Pasta Primavera	Chicken Fajita	Sweet n Sour Chicken		
Sandwich Central	BLT Wrap	Chicken Salad wrap	Deli Choice	Tuna Wrap	Italian Sub		
Origins	Beef Macaroni Chicken Parmesean	Salsbury Steak Shrimp Stir Fry	Spaghetti & Meatballs BBQ Pork Sandwich	Pot Roast Chicken & Pasta	Beef Goulash Stuffed Fish		
Side Orders: Veg	Buttered Peas	Broccoli & Cheese	Zucchini & Tomato	Mixed Vegetable	Peas		
	Carrots	Corn	Mixed Vegetable	Yellow Squash (Fresh))	Baby Carrots		
Starch	Roasted Potatoes	Garlic Mashed Potato	Rice	Parslied Poatoes	Whipped Potatoes		
Gravy / Sauces		Gravy					
Pizza							
Fresh Grille	Hamburgers	Philly Cheese Steak	Chicken Tenders	Cheeseburgers	Italian Sausage	Hamburgers	Hotdogs
	French Fries	French Fries	French Fries	French fries	French Fries	French Fries	French Fries

* = Low Carbohydrate

Meal	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1/9/2006	1/10/2006	1/11/2006	1/12/2006	1/13/2006	1/14/2006	1/15/2006
Dinner							
Daily	Chicken Noodle	Broccoli & Cheese	Potato	Vegetable	New England Clam	Chicken Noodle	Minestrone
Soup Selections							
Menutainment	Chicken Picatta	Cajun Stir-Fry with	Lemon Pepper Turkey	Sweet & Sour Chicken	BBQ Chicken &		
	with Pasta	Vegetables	Roast Veg,Linguini				
Terra Ve	Teriyaki Baked Tofu	Risotto & Beans	Penne' Pasta w/Marsala	Macaroni & Cheese	Rosemary Ragout		
Origins	Meatloaf Jerk Chicken	Grilled Pork Chops Lasagna	Fried Chicken Pepper Steak	Fried Fish Hot Wings	Golden Fried Catfish Shrimp Scampi	Chicken Pot Pie Shrimp Stir fry	Roast Turkey Roast Pork
Side Orders: Veg	Broccoli Florets	Italian Blend	Collard Greens	Spinach	Seafood Cakes	Corn	Cabbage
	Corn	Carrots	Corn on the Cob	Stir Fry Vegetables	Stir Fry Vegetables	Mixed Vegetable	Spinach
Starch	Parslied Potatoes	Scalloped Potatoes	Rice	Yellow Rice	Hushpuppys	Pilaf	Mashed Potatoes
			Macaroni & Cheese		Carrot		Gravy
Gravy / Sauces					Rice		
Pizza							
Fresh Grille	Popcorn Chicken	Hot Dogs	Chicken Patty Sand	Popcorn Shrimp	Fried Clams	Hamburger	Hotdogs
	French Fries	French fries	French Fries	French Fries	French fries	French Fries	French Fries

* = Low Carbohydrate

Meal	Monday 1/16/2006	Tuesday 1/17/2006	Wednesday 1/18/2006	Thursday 1/19/2006	Friday 1/20/2006	Saturday 1/21/2006	Sunday 1/22/2006
Breakfast						Brunch 11:00am - 2 PM	Brunch 11:00am - 2 PM
Origins	Cream of Wheat French Toast Scrambled Eggs Bacon Turkey Links Hashbrown Potatoes	Grits Pancakes Scrambled Eggs Boiled Eggs Turkey Bacon Pork Patty Hashbrown Potatoes	Oatmeal French Toast Scrambled Eggs Bacon Turkey Links Hashbrown Potatoes	Cream of Wheat Pancakes Scrambled Eggs Boiled Eggs Turkey Bacon Pork Patty Hashbrown Potatoes	Grits French Toast Scrambled Eggs Bacon Turkey links Hashbrown Potatoes	Oatmeal Pancakes Scrambled Eggs Bacon Pork Patty Hashbrown potatoes	Cream of Wheat French Toast Scrambled Eggs Bacon Turkey Links Hashbrown Potatoes
Morning							
Additions	Waffle Bar	Waffle Bar	Waffle Bar	Waffle Bar	Waffle Bar	Waffle Bar	Waffle Bar
Omelet Bar	Create Your Own Fried Eggs	Create Your Own Fried Eggs	Create Your Own Fried Eggs	Create Your Own Fried Eggs	Create Your Own Fried Eggs	Create Your Own Fried Eggs	Create Your Own Fried Eggs
Lunch							
Daily	Chicken Noodle	Broccoli & Cheese	Potato	Vegetable	New England Clam	Chicken Noodle	Minestrone
Soup Selections							
Menutainment	Seafood Stir Fry	Chicken Burritos	Vegetable Primavera	Chicken & Vegetable Lo Mein			
Sandwich Central	Chicken Ceaser Wrap	Tuna Pita Pocket	Italian Stallion Sub	Turkey & Pepper jack Wrap	BBQ Chicken Wrap		
Origins	Mexican Pie Open Face Roast Beef San.	Catfish Chicken & Pasta	Turkey Pot Pie Meatball Sub	Baked Ziti Tacos	Beef Stew Fried Fish		
Side Orders: Veg	Lima Beans Corn	Five Way Mixed Veg Spinach	Buttered Carrots Greenbeans	Corn California Blend	Oriental Blend Veg Green Beans		
Starch	Mashed Potatoes	Roasted Potatoes	Rice	Rice Pilaf	Red Bliss Potatoes		
Gravy / Sauces	Gravy	Gravy					
Pizza							
Fresh Grille	Chicken Tenders French Fries	Chicken Cheese Steak French Fries	French Dip French Fries	Hamgurgers French Fries	Hot Italian Sausage French Fries	Hamburgers French Fries	Hot dogs French Fries

Meal	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1/16/2006	1/17/2006	1/18/2006	1/19/2006	1/20/2006	1/21/2006	1/22/2006
Dinner							
Daily	Chicken Noodle	Tomatoe	Potato	Vegetable	New England Clam	Chicken Noodle	Minestrone
Soup Selections							
Menutainment	Pasta Bar	Oriental Stir	Garden Saute' with	Creamy Cajun Shrimp	Oriental		
		Fry	Mediterranean Chicken	over Bow Tie Pasta	Stir Fry w Beef		
Origins	Baked Fish w/ Hollondaise Chicken n Dumplings	Pork Fried Rice Turkey Picatta	Spaghetti & Meatballs Genereal Tao Chicken	Fried Chicken Pork Chops	Chipotle Porkloin Salisbury Steak	Corn Beef & Cabbage BBQ Chicken Breast	Veal Parmesean Baked Pork Chops
Side Orders: Veg	Okra With Tomatoes	Italian Blend	Mixed Veg	Peas	Peas	Corn	Yellow Squach & Zucch
	French Cut Greenbeans	Corn	Broccoli Spears	Corn on the Cob	Carrots	Mixed Veg	Peas & Carrots
Starch	Scalloped Potatoes	Garlic Potatoes	Rice Pilaf	Macaroni & Cheese	Mexican Rice	Roasted Potatoes	Mashed Potatoes
							Gravy
Gravy / Sauces	Gravy	Brown Gravy					
Pizza							
Fresh Grille	Cheeseburgers	Grilled Cheese	Grilled Ham & Cheese	Chili Dogs	Cheese Steak	Hamburger	Hot Dogs
	French Fries	French Fries	French Fries	French fries	French Fries	French Fries	French Fries